



## Lulu's Thai Noodle Shop Gluten-Free Menu Options

Over the past fourteen years, I have become aware of, and sensitive to, the special dietary needs of our customers. Because all of our dishes are made fresh to order, I am always happy to accommodate our customers, whenever possible. More recently, people with Celiac disease or gluten allergies have educated me on gluten-free diets.

However, I believe it necessary to inform you that I am not a trained or licensed dietician. I, and my staff at Lulu's, will accommodate you as best we can. Please understand that it is your responsibility to inform your server of any health concerns you may have. We appreciate your patronage, and welcome you to Lulu's Thai Noodle Shop!

Malisa Monyakula, Owner



The following items are gluten-free, or can be made gluten-free by substituting San-J Organic Tamari Sauce

## **STARTERS**

Vietnamese Spring Rolls  
Shrimp Rolls  
Laab  
Chicken Satay  
Beef Satay (without sweet soy sauce)  
Shrimp Satay  
Coconut Shrimp

## **SOUPS AND SALADS**

Tom Kha Gai Soup  
Green Mango Salad  
Green Papaya Salad  
Tom Yum  
Egg Flower  
Sliced Chicken prepared with “wok” chicken

## **NOODLE DISHES**

Drunken Noodles  
Crazy Noodles  
Thai Garlic Noodles (substitute rice noodles)  
Lad Nar (substitute San-J)  
Pla Muk Yod Woon Sen (substitute San-J)  
Rainbow Peanut Noodles (substitute San-J)  
Pad Thai  
(NOTE: the “Khun Ma Pad Thai” is NOT a gluten-free option)  
Pad Pet Pak (substitute San-J)  
Pad Woon Sen  
Pad Se Eu (substitute San-J)

## **RICE DISHES**

Fried Rice (substitute San-J)  
Basil Fried Rice (substitute San-J)  
Crab Fried Rice (substitute San-J)  
Pineapple Shrimp Fried Rice (substitute San-J)  
Whans Se-Ew Pak (substitute San-J)  
Szechwan Wok Toss (substitute San-J)  
Pepper Beef Basil (substitute San-J)

## **CURRIES**

Kaeng Khio Wan Khai  
Yellow  
Red  
Massaman  
Wild Mushroom (substitute San-J)  
Panaeng

## **LUNCH MENU**

Please Note: All lunch specials are served with a crab rangoon which are not gluten-free. If you like, you may substitute a spring roll for a \$1 charge

#1 Pad Se Eu (substitute San-J)  
#2 Massaman  
#5 Lulu’s Lo Mein (substitute San-J)  
#7 Thai Cashew Chicken (substitute San-J)  
#8 Whans Se-Ew Pak (substitute San-J)  
#10 Khun Pa  
#13 Drunken Noodles

## **HAPPY HOUR THAI STREET FOOD**

Gai Yang  
Spring Rolls  
Shrimp Rolls  
Green Mango Salad  
Green Papaya Salad

## **DESSERTS**

Mango Sticky Rice (seasonal)  
All Glace Ice Creams and Sorbets